



# Smile Times

The Newsletter for Far Headingley Dental Care

## Climbers Beat Charity Target



Members of 'Team FHDC' recently raised over £2000 for Cancer Research UK by climbing Pen-Y-Ghent. "We are absolutely delighted to have beaten the target of £1500 we set ourselves" says Practice Manager Gemma (pictured above with Dr Chana and Tracy)

"For some of the team this was the first time they had donned a pair of walking boots so to have raised a total of £2062.01 was fantastic. We would like to thank everyone who made a donation via the charity box on reception or sponsorship"

Oral Cancer claims thousands of lives in the UK each year. FHDC dentists screen for the symptoms of this cancer as part of routine dental examinations. We appreciate the research that is carried out by Cancer Research UK and we are proud to have contributed towards this valuable life saving research

## Baby Boom at FHDC

Congratulations to our Principal Dentist, Dr Precious who recently gave birth to her second little girl, Isabel. Mother and baby are doing very well (if a little tired!)

Dr Chana is also due to become a father for the first time in the spring of 2010. Parenting tips are welcomed when you visit him!!

## Refer a Friend

It may all be doom and gloom every time you turn on the news but we've got something good to tell you. Far Headingley Dental Care is offering you £10.00\* off the cost of your next dental visit when you recommend your friends and relatives to join our practice. We'll also give the people you refer £10 off\* too as a special welcome gift from us

Simply ask your friends and family to quote your unique reference number when they attend the practice for their first consultation. We will then deduct £10 off their bill and send you a voucher for £10 for each adult who has joined us on your recommendation. If you recommend us to five people, that could be £50 off your next visit!

If you are not sure what your unique reference number is, please give the practice a call or ask at your next visit



**£50  
Off  
Teeth  
Whitening**

This January and February FHDC is offering a special £50 discount\* off the cost of in surgery teeth whitening. So if Teeth Whitening is something that you have been considering, now is the ideal time to book an appointment

\* Terms and conditions apply. Please ask for details

## Dental Implants Now Available at FHDC



Dr Chana is delighted to be able to introduce dental implants to Far Headingley Dental Care...

People lose teeth all the time through trauma or decay, gum disease and old age. Whatever the reason for losing your teeth, they need to be replaced for both aesthetic and functional reasons. The most common treatments for missing teeth are either a denture or a fixed bridge. However, dental implants are now becoming a more popular treatment to replace missing teeth, as they provide a longer-term solution, slow down bone loss and help preserve nearby healthy tooth tissue

A dental implant is an artificial substitute for the root portion of your natural tooth and is anchored into a pre-drilled socket in your jaw-bone to support a crown, bridge or secure a denture firmly in place. Implants are made from titanium, a material that is well tolerated by bone and integrates easily with bone tissue

If you would like to know more about dental implants at Far Headingley Dental Care please contact the practice to arrange an appointment with Dr Chana

## Quality Family & Cosmetic Dental Care in North Leeds



## The Quality Standard

FHDC has been accredited British Dental Association Good Practice status for 2010. This is the third year now that the practice has been recognised as delivering quality dental care as defined by the BDA

The team at FHDC continue to be proudly associated with the scheme and are pleased by the feedback from clients that it makes FHDC stand out as a practice



*Did you know that if you join the Budget Care Plan you will save 10% off the cost of your dental treatment?*

Please ask for details. T&C's apply



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